PRELIMINARY SCIENTIFIC PROGRAM



2026

IX EDITION

November 19th – 21st

Hotel Parco dei Principi

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ROME INTERNATIONAL SHOULDER COURSE

The experts question themselves

Chairman:
Prof. Stefano Gumina (MD, PhD)

Scientific member:
Dr. Vittorio Candela



WELCOME MESSAGE

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Dear Friends and Colleagues,

it is our great honor to invite you to the **Rome International Shoulder Course (RISC) 2026**, taking place from **November 19th to 21st, 2026**.
If you are looking for a truly innovative congress experience, **RISC 2026 is designed for you**. We have reimagined the educational format to move beyond traditional passive lectures and create a more engaging and interactive learning environment.

A FORMAT LIKE NO OTHER

We take pride in offering something different. At RISC 2026, you will experience:

- **Interviews with the "Giants of Shoulder Surgery":** deep-dive conversations with the pioneers who have shaped the field of shoulder surgery.
- **Dynamic Round Tables:** live debates on the most controversial and relevant topics in our specialty.
- **Complex Case Discussions:** practical, high-level analysis of the most challenging clinical scenarios.
- **Personalized Mentorship:** exclusive opportunities for face to face discussions with internationally renowned opinion leaders.
- **The "Next Gen" Hub:** dedicated spaces specifically designed for young surgeons to connect, network, and grow professionally.
- **Technological Frontiers:** hands-on insights into Artificial Intelligence (AI), Augmented Reality (AR), 3D printing, and the latest advances in Robotics.
- **Highly affordable registration fees**, granting access to all conference sessions (with the exception of the "Meet the Expert" sessions).

A WORLD-CLASS FACULTY

The scientific program is supported by an outstanding faculty of more than **40 international opinion leaders** traveling from across the globe, alongside a distinguished selection of national experts. This represents a rare concentration of expertise that you simply cannot afford to miss.

THE ETERNAL CITY AT YOUR DOORSTEP

The venue is as exceptional as the program itself. Hosted in an elegant hotel in the heart of Rome, the course will place you within walking distance of the city's most iconic landmarks. It is the perfect setting to combine rigorous scientific advancement with the incomparable beauty and history of the Eternal City.

We have reimagined almost every aspect of the traditional congress model.
The only thing we have kept unchanged is the coffee break, because even a revolution needs a great Italian espresso!

Don't miss this extraordinary opportunity to rethink the future of shoulder surgery.

We look forward to welcoming you to an unforgettable experience.

Warm regards,

The Organizing Committee
Rome International Shoulder Course 2026



12.00–13.00 **Participants Registration**

13.00–15.00 **YOUNG FORUM**

Discussion on hotly debated and controversial topics: working groups led by expert opinion leaders

Experts: *S. Antuna, C. Azavedo, A. Castagna, N. Maffulli, M. Saccomanno, A. Werner*

15.00–16.00 **YOUNG FORUM**

Oral presentations.
On Innovative technologies and their application in shoulder surgery

Moderators: *N. Maffulli, J.C. Yoo*

1. Endoscopic Pectoralis Minor Tenotomy an Subclavianotomy: A Dynamic Approach to Understanding and Treating Neurogenic Thoracic Outlet Syndrome in the Infraclavicular and Costoclavicular Spaces *A. D'Utry*
2. Scapular Kinematics at 5-Year Follow-Up After Latarjet Procedure vs ASA-Graft with Bone Block Xenograft for Anterior Shoulder Instability: A Prospective Comparative Study *A. Fedele*
3. Molecular diagnostics for perioperative microbial identification in shoulder periprosthetic joint infections (PJIs): a diagnostic flowchart proposal following the 2025 International Consensus Meeting (ICM). *P. Giardini*
4. Glenohumeral Range of Motion After Reverse Total Shoulder Arthroplasty – Is Postoperative Stiffness an Issue? *J. Högl*
5. Perception of surgical outcome: comparison between surgeon evaluation and patient satisfaction after reverse shoulder arthroplasty for proximal humeral fracture – a retrospective observational study *L. Majoni*
6. A 3D-Printed Home-Based Arthroscopic Simulator Improves Basic Surgical Skills: A Prospective Comparative Multicentre Study. *M. Montemagno*
7. Antero-inferior glenohumeral instability is associated with an abnormal position of the coracoid process *S. Staub*
8. Conversion rate and long-term outcomes after non-operative treatment for acute, high-grade acromioclavicular dislocations *E. Van Eecke*

16.00–16.35 **ROUND TABLE**

Introduction. Dynamic Anterior Shoulder Stabilization with the Long Head of the Biceps Tendon (DAS): results after 7 years from its proposal *P. Collin*

Experts: *J. Abrams, P. Boileau, E. Calvo, P. Lubiatowski, A. Maqdes, J.H. Oh, H. Sugaya*

16.35–16.55 **LECTURE**

70 years since the first Latarjet operation *P. Boileau*

Interview *J. Iannotti to P. Boileau*

16.55–17.15 **LECTURE**

My prediction for the treatment of traumatic instability in the near future: first-episode operation, new techniques? *H. Sugaya*

Interview: *S. Krishnan to H. Sugaya*

17.15–17.35 **LECTURE**

Posterior shoulder stability depends on acromial anatomy *(10 min.)* *C. Gerber*

Interview *(10 min.)*: *M. Zumstein* **and** *A. Romano* **to** *C. Gerber*



THURSDAY 19th

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FRIDAY 20th

17.35-18.05 **ROUND TABLE**

Might geographic distance change the way we treat traumatic instability?

Moderator: *R. Garofalo*
Experts: *A. Armstrong, C. Azevedo, R. Castricini, R. Chidambaram, J.H. Oh, G. Porcellini, M. Saccomano*

18.05-18.15 **LECTURE**

My current conceptions on surgical treatment of complex humeral head fractures *S. Gumina*

TBD "After listening to your lecture, I had a quick question..." *(2 min.)*

18.15-18.25 **LECTURE**

Complex humeral head fracture: my criteria for ORIF *P. Boileau*

A.C. Angelo "After listening to your lecture, I had a quick question..." *(2 min.)*

18.25-18.35 **LECTURE**

60 yo patient with complex humeral head fracture: hemi, anatomical o reverse? *E. Ricchetti*

A. De Carli "I have a question..." *(2 min.)*

18.35 **END OF DAY 1**

07.15-08.15 **ICL 1:** Treatment of GH Instability with acute bone loss *M. Scheibel*

Experts: *E. Calvo, G. Porcellini, H. Sugaya, K. Wieser*

07.15-08.15 **ICL 2:** The digitization of shoulder arthroplasty: surgical navigation and robotics *J. Iannotti*

Expert: *O. Verborgt*

08.30-09.20 **SESSION – REVISION SHOULDER ARTHROPLASTY**

Why do implants fail? *(7 min.)* *P. Valenti*
Implant explantation: the tips for success *(7 min.)* *A. Armstrong*
Humeral reconstruction: bone, metal and more *(7 min.)* *P. Boileau*
Glenoid reconstruction: bone, metal and more *(7 min.)* *S. Gumina*
Custom glenoid reconstruction *(7 min.)* *S. Bale*

Round Table

Moderators: *A. Castagna*
Experts: *C. Azavedo, S. Bale, P. Boileau, E. Calvo, L. Galatz, S. Gumina, A. Armstrong, P. Valenti*

09.20-09.45 **CASE DISCUSSION**

Complex Primary Cases

Moderators: *A. Di Giunta, R. Delaney*
Experts: *A.C. Angelo, S. Bale. R. Barco, F. Franceschi, B. Hochreiter, O. Levy, O. Verborgt, M. Zumstein*

09.45-10.15 The three European "W" – K. Weiser, A. Werner, J.D. Werthel
Complex Revision Cases

Moderators: *S. Kishnan, P. Moroder*



FRIDAY 20th

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10.15-10.40 **ROUND TABLE**

Pain and fistula: prevention, intraoperative tips, DAPRI procedure

Moderator: *M. Borroni*
Experts: *T. Alta, S. Althani, D. De Meo, P.F. Indelli, P. Paladini, J. Parvizi, R. Russo, J.C. Yoo*

10.40-11.10 **COFFEE BREAK**

11.10-11.30 **LECTURE**

Taking a cue from our hip colleagues: possible new materials in shoulder arthroplasty *F. Falez*

Moderators: *S. Krishnan, O. Vergorgt*

11.30-11.45 **LECTURE**

Introduction *V. Candela*

Pyrocarbon hemiarthroplasty for the treatment of shoulder osteoarthritis in young, active patients: survival and risk factors for revision *P. Boileau*

11.45-12.30 **THE PRESIDENTS DISCUSS**

The major challenges in their respective countries e.g., reimbursement issues, insufficient training opportunities, implant costs, etc...

Moderators: *P. Valenti, H. Sugaya*
Presidents: *IBSES, ASES, SECEC, KSES, SICSeG, ISES, SECHC , (J. Iannotti, A. Armstrong, M. Scheibel, J. W. Kim, R. Garofalo, O. Levy, A. Hachem)*

12.30-12.45 **LECTURE**

Anatomic arthroplasty indications: surgical principles and results of surgery for glenoid bone loss *J. Iannotti*

C. Ascani "Your lecture got me thinking..." *(5 min)*

12.45-13.00 **LECTURE**

The Future of Teaching Shoulder Surgery.
A personal Perspective. *C. Gerber*

G. Milano "After listening to your lecture, I had a quick question..." *(5 min.)*

13.00-14.15 **LUNCH BREAK**

13.00-14.15 **SYLKE LUNCH WORKSHOP**

Beyond the Incision: Optimizing Wound Care After Shoulder Surgery

Moderator: *M. Schultzel, MD, CEO & Founder, SYLKE, Inc.*

Panelists:
M. Schultzel, MD, Department Chair of Orthopaedic Surgery at United Medical Doctors and Chief of the Sharp Community Medical Group Orthopaedic Surgery Department

E. Ricchetti, MD, Vice Chair of Research in the Department of Orthopaedic Surgery at the Cleveland Clinic and Director of the Shoulder Center, as well as Director of the Shoulder and Elbow Surgery Fellowship Program in the Department of Orthopaedic Surgery.

ARTHREX LUNCH WORKSHOP

The Continuum of Shoulder Care: From Early Intervention to Arthroplasty

Moderator: *G.Milano*

Contemporary Management of Repairable Rotator Cuff Tears *G.Milano*

Irreparable Rotator Cuff Tears: Soft-Tissue Reconstruction and Joint Preservation *A.Hachem Harake*

Case Discussion: Primary Shoulder Arthroplasty — Anatomic vs Reverse in the *P. Moroder*

Fx RSA: How to get it right *K. Wieser*

14.15–14.45 **ROUND TABLE**

10 Questions on Shoulder Prosthesis

Moderator: *P. Moroder & Artificial Intelligence*
Experts: *R. Barco, E. Calvo, F. Grassi, G. Milano, H.B. Park, H. Sugaya*

14.45 – 15.35 **THE ADVANCING TECHNOLOGY FOR SHOULDER SURGERY**

Learning shoulder surgery using virtual reality: fact or myth? *(5 min.) J. Abrams*

- The role of mixed reality and A.I. *(5 min.) P. Collin*
- The future of 3D printing and personalized care in shoulder arthroplasty *(5 min.) S. Krishnan*
- How to optimize implant positioning using navigation (surgeon perspective) *(5 min.) M. Zumstein*
- How to optimize implant positioning using navigation (engineering perspective) *(5 min.) D. Ascani*
- How can robot improve your shoulder replacement outcomes minimizing complications? *(5 min.) O. Verborgt*

Round Table

Moderators: *C. Gerber, J.C. Yoo*
Experts: *J. Abrams, D. Ascani, P. Collin, S. Krishnan, O. Verborgt, M. Zumstein*

15.35–15.50 **LECTURE**

Reverse shoulder arthroplasty - Heavy metal and beyond
M. Scheibel

A. De Carli "Your lecture got me thinking..." *(5 min.)*

15.50– 16.20 **ENTERTAINMENT**
Let's have a laugh

16.20–16.40 **INTERVIEW**

Giants of Shoulder Surgery Reverse: Lateralization

Moderator: *A. Castagna*
Giants: *A. Armstrong, P. Valenti*

16.40–17.15 **ROUND TABLE**

Proximal Humerus Bone Loss in the Setting of Reverse Total Shoulder Arthroplasty

Moderators: *S. Krishnan, F. Franceschi*
Experts: *C. Ascani, H.Baydoun, R. Chidambaram, R. Russo, J.D. Werthel*

17.15–17.50 **CASE DISCUSSION**

Proximal humeral bone loss

Moderators: *J. Abrams, L. Galatz*
Experts: *S. Antuna, R. Delaney, B. Hochereiter, J. Kircher, P. Lubiatowski, P. Paladini, M. Schultzel*

17.50–18.20 **ROUND TABLE**

Update on Stemless Prostheses

Moderators: *A. Castagna, K. Wieser*
Experts: *T. Alta, V. Campagna, O. Levy, P. Paladini, E. Ricchetti, R. Russo*

18.20 **ADJOURNMENT**



07.15–08.15 **ICL 1:** TSA vs RTSA for treatment of older patients with intact cuff- role of shared decision-making *L. Galatz*

Experts: *R. Delaney, E. Ricchetti, O. Verborgt*

ICL 1: RC augmentation strategies and science *J.C. Yoo*

Experts: *J. Abrams, A. Castagna, A. Hachem*

08:20–08:30 **LECTURE**

Neurological complications in shoulder surgery *E. Masmejean*

V. Candela "After listening to your lecture, I had a quick question" *(2 min.)*

08.30–09:30 **ROUND TABLE**

- Bio-Inductive Bovine Scaffolds *(7 min.)* *J. Abrams*
- New perspectives in rotator cuff healing *(7 min.)* *C. Azevedo*
- BioInductive patch *(7 min.)* *P. Lubiatowski*
- Umbilical cord derived stem cells and autologous long head biceps tendon *(7 min.)* *M Saccomanno*

Moderators: *P. Paladini*
Experts: *J. Abrams, A.C. Angelo, C. Azevedo, P. Lubiatowski, A. Romano, H.A. Elsayed, K. Wieser*

09.30–9:50 **INTERVIEW**

Interviewer: *J. Iannotti*
Are you curious about the Constant Score? Ask him directly!

C. Constant replies

09:50–10:05 My current conceptions on surgical techniques of rotator cuff repair. *U. Saleh*

M. Borroni "After listening to your lecture, I had a quick question..." *(5 min.)*

10.05– 10.35 **SICOT ROUND TABLE**

Tendon Transfers for the Irreparable Rotator Cuff.
Which Transfer, For Which Patient?

Moderator: *S. Al Thani, S. Saseendar*

Role of tendon transfer in massive irreparable cuff tear – when to choose transfers? *C. Lozano*

Latissimus dorsi transfer – indications, technique, outcomes. *S. Saseendar*

Lower trapezius transfer – rationale, graft choice, technique and outcomes. *U. Saleh*

Video presentation: Managing massive rotator cuff tears – posterior cuff advancement to superior, biceps transfer as patch vs. superior capsular reconstruction (3 types of SCR) *A. Popescu*

Tendon transfer vs. RSA – where's the line? *B. Singh*

Round table discussion
Open floor debate, moderator-driven, audience Q&A

10.35–11.05 COFFEE BREAK

11.05–12.00 **ROUND TABLE – ROTATOR CUFF RE-TEAR**

Update on rotator cuff degeneration *(10 min.)* *H.B. Park*

Update on rotator cuff re-tear *(10 min.)* *L. Galatz*

Moderators: *H.B. Park, L. Galatz*
Experts: *A. Armstrong, A. Castagna, C. Gerber, S. Krishnan, G. Porcellini, H. Sugaya, J.C. Yoo*

12.00–12.30 **INTERVIEW**

The Giants of Shoulder Surgery: Rotator Cuff

Moderator: *S. Gumina*
Giants: *P. Boileau, J. Iannotti*



12.30-13-10 **GUEST NATION SPAIN**

Shoulder surgery in our Country: studies, projects, and innovations (video and presentations)

Experts: *S. Antuna, R. Barco, E. Calvo, A. Hachem*

13.00-14.15 LUNCH BREAK

13.10 – 14.15 **ENOVIS LUNCH WORKSHOP**

Enhancing shoulder reconstruction: from off the shelf to custom implants

Chairman: *G. Porcellini*
Speakers: *S. Bale, J. Kircher, P. Paladini*

My experience on PRIMAry cases management. *P. Paladini*

My way to manage revision cases. *J. Kircher*

ProMade my favourite solution for complex cases. *S. Bale*

13.10 – 14.15 **DRILLBONE LUNCH WORKSHOP**

To introduce arthroscopic transosseous rotator cuff repair as a simple, reproducible and costeffective alternative to anchor-based techniques, and to give participants the confidence to get started.

Moderator: *M. Alkoheji*
Speakers: *M. Alkoheji, F. Hudecek, B. Ockert*

1:00 – 1:05 Introduction *(5 min.) M. Alkoheji*
Workshop program, Drillbone, speakers

1:05 – 1:13 Why It Was Invented *(8 min.) F. Hudecek*
The story behind Drillbone, technical challenges and solutions, economics and value, lessons learned – 3 take-home tips.

1:13 – 1:25 Why It Makes Clinical Sense *(12 min.) M. Alkoheji*
Biology, healing potential, current evidence, personal clinical experience – 3 take-home tips.

1:25 – 1:37 From First Case to Routine Practice: Lessons Learned *(12 min.) B. Ockert*
Adoption, learning curve, indications, clinical decision-making, pearls and pitfalls – 3 take-home tips.

1:37 – 1:42 Introduction to Hands-on Training *(5 min.) F. Hudecek*
Sawbones demonstration video + surgical video with animation

1:42 – 2:07 Hands-on Training *(25 min.) M. Alkoheji, F. Hudecek, B. Ockert, Horky*
3 fully equipped sawbones training stations

2:07 – 2:15 Q&A *(8 min.) M. Alkoheji, F. Hudecek, B. Ockert*

14.15 – 15.00 **CASE DISCUSSION**

Rotator cuff

Moderators: *F. Castoldi, G. Porcellini*
Experts: *R. Barco, M. Borroni, L. Galatz, B. Hochreiter, J.W. Kim, J. Kircher, G. Milano*

15.00- 16.00 **JOINT SESSION - SCAPULAR DYSKINESIS**

Moderator: *E. Silvestri*

Diskynesis after Latarjet *Y. Piccolo*

Neurologic STAM (scapulothoracic abnormal motion) *F. Agostini*

Functional STAM (scapulothoracic abnormal motion) *E. Silvestri*

Pect minor: guilty or savor? *V. Candela*

16.00 **END OF SCIENTIFIC WORK**

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